

## Content





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## Preview









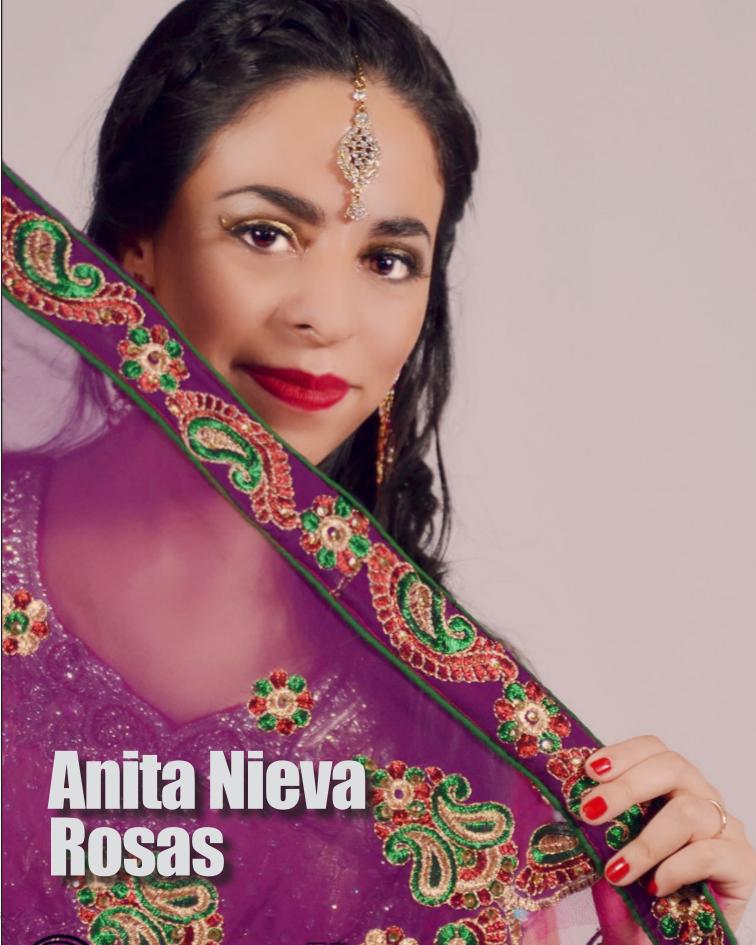
She is Anita Nieva Rosas, she is from Argentina, in 2019 she moved to the United States and currently lives in North Carolina. She has a degree in International Relations from the Catholic University of Salta in Argentina. She has been dancing since she was 6 years and took classes of Jazz, Hip Hop, Irish Dances, Brazilian Samba, and Reggaeton.

Since 2011 she dances and teaches Indian Dances. She has been trained in different styles such as Bollywood dance, Indian classical dance, Rajasthani and Punjabi dances with teachers from India, Argentina, Spain, and US. She has certified and specializes on Bhangra Dance, an energetic indian folk dance originated in the Punjab region. Anita has learned it mainly from the punjabi community established in the north of Argentina. She has written articles on the cultural ties between India and Argentina published by the magazines Spanish Bolo

and NRI Achievers. She has also organized cultural events such as India Independence Day, Republic Day of India, Argentina loves India. Her cultural activities received the recognition from the Indian Embassy in Argentina giving her an award through the Ambassador Amarendra Khatua in 2015.

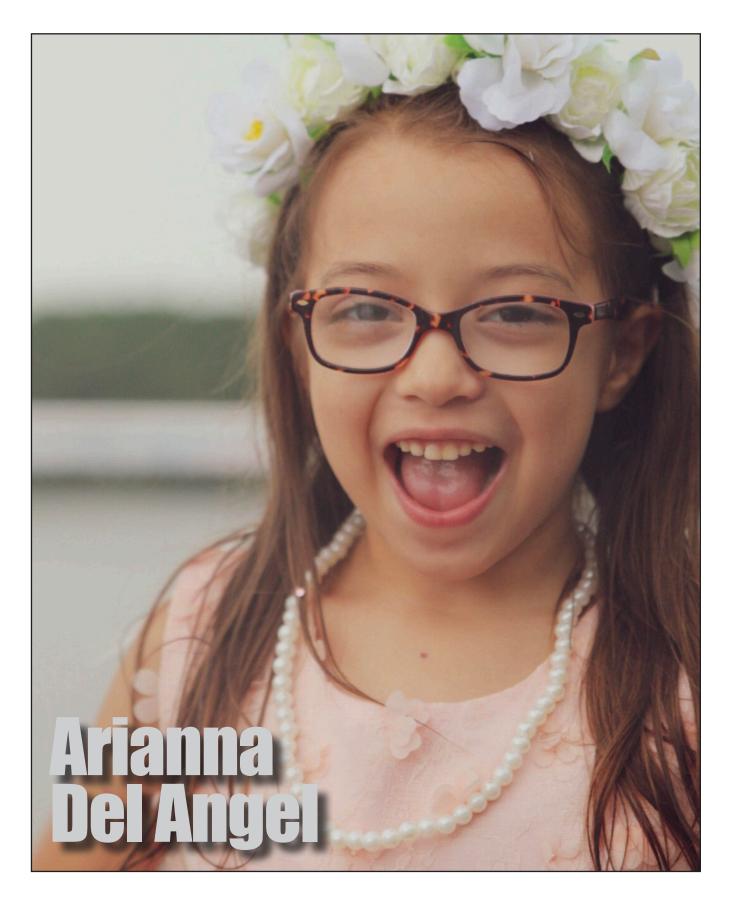
She is currently a Cultural Ambassador of Bhangra Dance and was the first dancer to represent Argentina in the World Bhangra Council. She has her own brand as "Bhangra Queen Anita" and Facebook page "Indian Dances with Anita". She is excited to continue this journey of dancing and spreading indian dances in the Cherokee County, North Carolina's western most county, and the nearby areas belonging to Tennessee and Georgia.

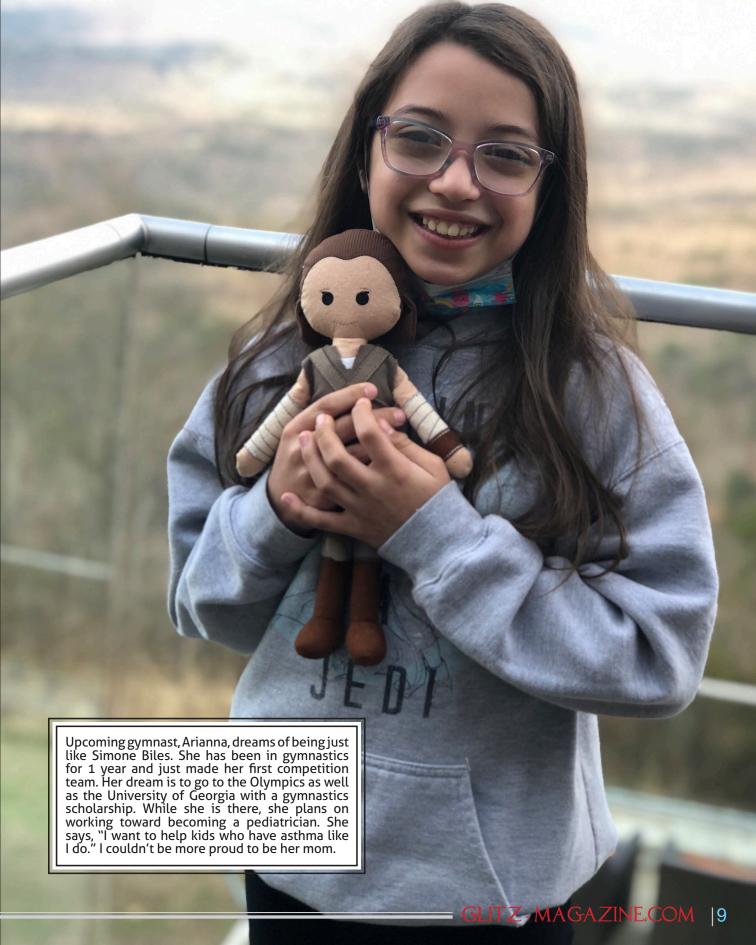
Photos by Fabian Villaroel

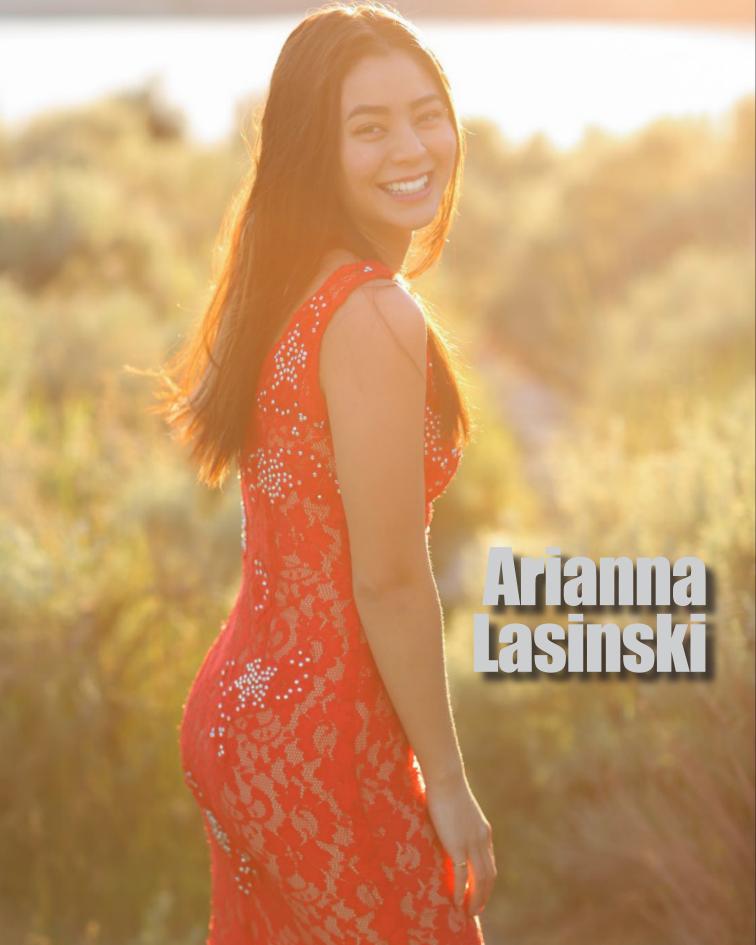














My journey with dance began when I was three years old. As the daughter of Polish and Filipino immigrants, I was introduced to my parent's world of privilege and struggle at a very young age; however, the barriers I faced myself were consistently internal. I rarely identified with the older dancers that I admired, and thus, I often questioned my ability to achieve what others had. I felt that the obstacles I faced and the standards I placed on myself were different than those of my peers.

Oftentimes, we have a desire to see a reflection of ourselves within our role models, as it can be through them that we learn how to love and respect ourselves. It wasn't until I understood this that my relationship with dance changed drastically; I discovered the art of storytelling through movement and resolved to become the role model for other young dancers that I lacked myself.

Although these internal hurdles persisted throughout my teenage years, by the age of twelve, I would dedicate fourteen hours each week to the dance studio, participating in group classes and competing as a soloist and a team member in Jazz, Tap, Ballet, Contemporary, Modern, Lyrical, Irish dance, and Musical Theatre, all the while mentoring younger children while continuing in my own instruction. I have since received awards such as Top Ten Dancer at the Shine Dance Festival, Top Modern and Contemporary Dancer and Modern Provincial Representative for both the Penticton and Kootenay Kiwanis Music Festivals located in British Columbia, Canada. In 2017 I became a member of Team Canada Dance and was provided with the opportunity to represent



Canada on the world stage at the International Dance Organization World Championships in Riesa, Germany. This year, I will be competing virtually at the 2021 International Continent vs. Continent World Dance Championships. I hope my achievements have helped other young dancers recognize their abilities and realize their dreams.

In the next few months, I will be moving to Toronto, Ontario, Canada to pursue academic studies and dance in the commercial field. I aspire to continue working towards my own goals as a means of becoming a role model for others.

To me and many, dance is more than movement, it is a celebration of life, an expression of cultural pride, and foremost a beacon of unity and escape from reality. I am so very lucky to have this outlet that allows me to express myself and connect with others in a way that language cannot.

Photos by Shine Dance Festival, Lindsay Smith





Hello My name is Ashton Mercado and I have been dancing 8 years and been on the competition team for 6 years. I'm 11 1/2 years old. I love dancing and my favourite styles are tap and hip hop. I love to go up on stage and perform, it makes me so happy to put a smile or laugh on someone's face from watching me dance. It brings me joy to make others happy.

My dance goals are to do the best I can and always try my hardest for my team and myself. I have been very fortunate to achieve many awards from different dance competitions, conventions and nationals. Some of my favourite awards would be from the special awards or judges choice awards like cutting edge dancer, Best entertainer, the whole package, Can't stop the beat, heartbreaker and more! I wouldn't be where I am today without the amazing help and support of my dance teachers Jana Romaine, Sydney Shriver, Efren Abieras and Laura Nares. Carlsbad Dance Centre is truly my second home and I love all the teachers and teammates I get to dance with everyday. I would love to dance up on a professional stage one day with Twitch. I have taken many of his classes and performed for him at convention but it would be so cool to dance along side of him just once!

Challenges I have faced not to many I think, I'm only 11 and still learning everyday! I would say challenging myself to do better and focus on being my best. Their was this one thing when I was in elementary school a kid was making fun of me for being a dancer and he just didn't get it. I tried to show him and explain why but it made me sad that he thought it wasn't for boys. Now that kid has seen me grow in dance and he's quite impressed! I have gotten a few boys to also want to dance and have fun, they love it too! It's so cool to be able to teach and show other people what your passionate about. I also love flag football and surfing. Both of those sports help me in dance and dance truly helps me with surfing and football.

If I can share one piece of advise it would be to follow your heart and love the sport you play. If you love it, it will never be hard, it will always make you happy and help challenge you to do better. Thank you mom and dad for always supporting my passion.

Thanks for letting me share about my dance journey this far!

Photographers Credits: Holly Ireland







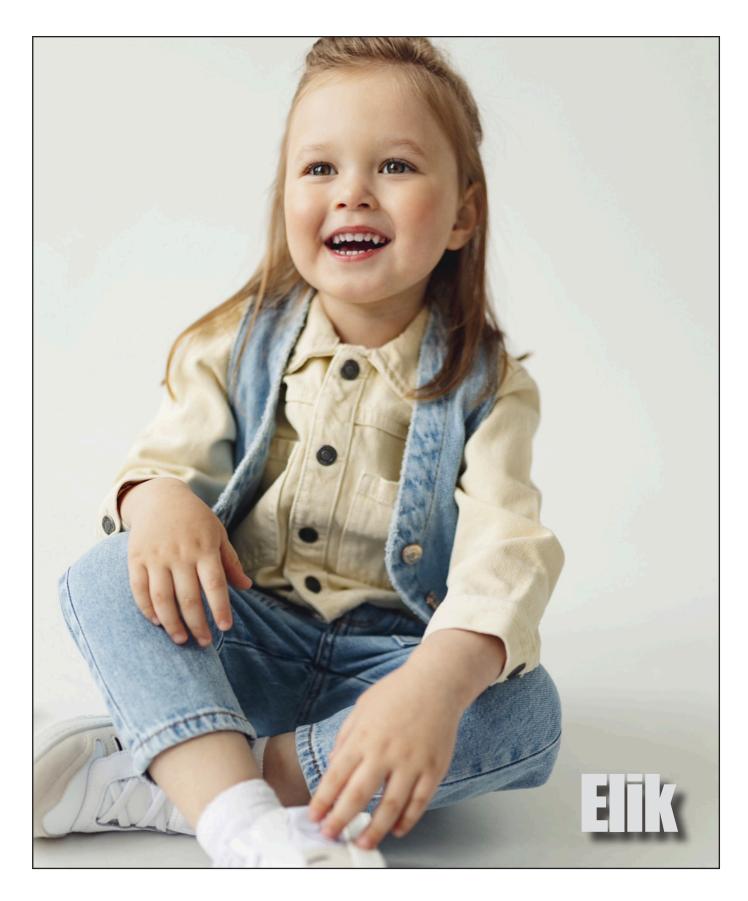






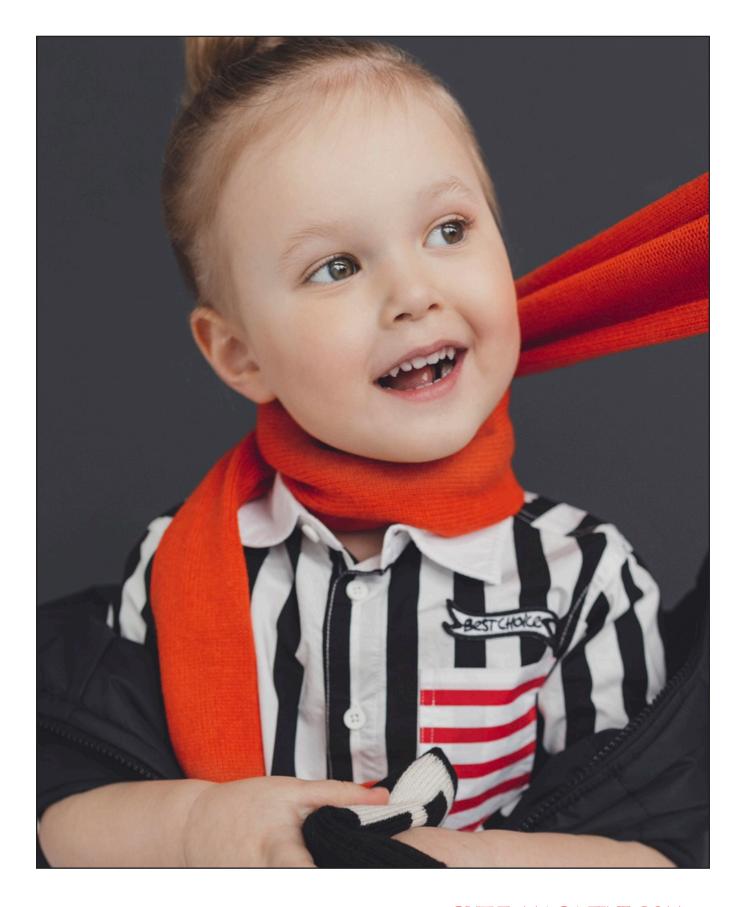












Criticism, rejections and impositions are part of the day-to-day in a modeling career, you need to be well prepared to manage your emotions. Patience is another attribute that we must develop.

Objectives: To be a globally recognized model.

Dreams: Parade on catwalks around the world and print on magazine covers.

"Here you go Elisangela... One of your Dreams Started. ... Congratulations" The Editor







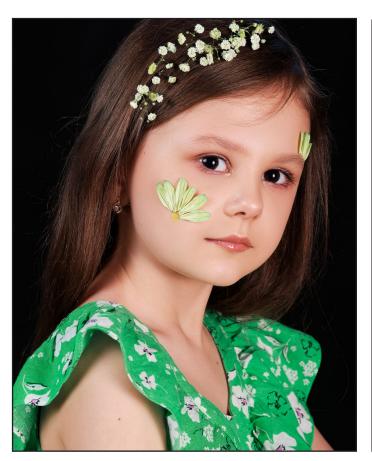
























Modeling helps me to channel my creative side, and to live a more balanced life. I am a PTSD survivor, and modeling is a way for me to focus on tasks that keep me from burying myself in my past traumas (this is a common PTSD symptom). Like the colors of fall leaves, the possibilities in modeling are endless. I can prepare for shoots in a multitude of ways: practicing, attire, creating accessories, developing my subject matter, collaboration, etc. I will live

with my mental illness for the rest of my life due to the many years of trauma that I've experienced. With modeling however, I can forget about those traumas and the emotions that accompany them. With modeling I can feel things I don't normally feel. I can feel accomplished, I can feel confident, and I can feel freedom to express myself in a more tangible way.

Photos by @shootingdabird









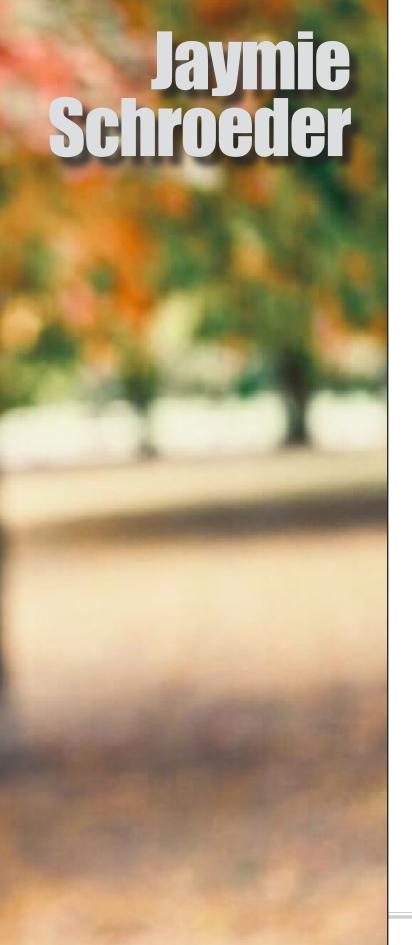










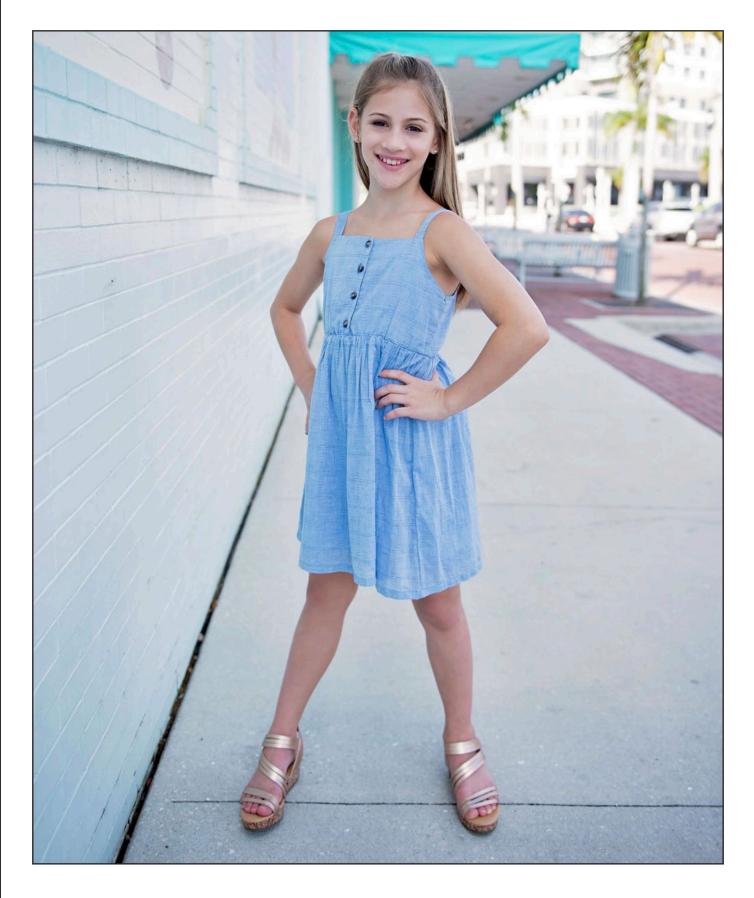










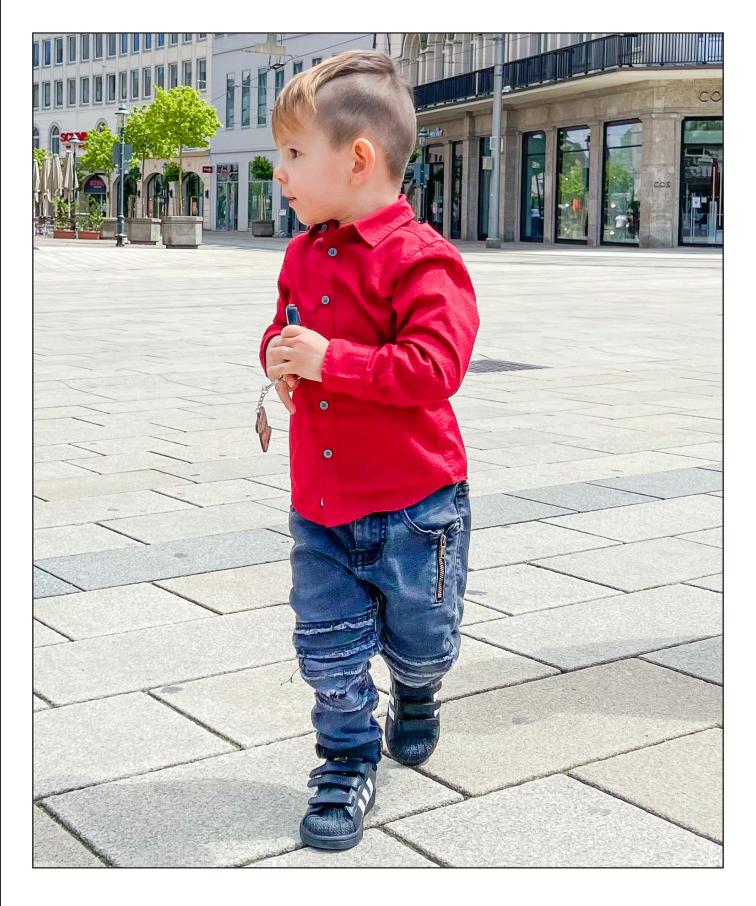














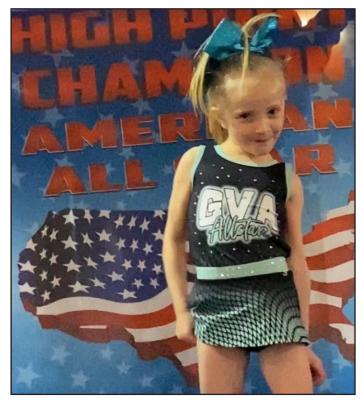


















My name is Mia and I'm 12. I've been dancing since age 3 at Langley Dance Academy (Langley, BC) I love dance! LDA has become a 2nd home for me and my team are like an extension of my family. It truly is my safe space.

My dreams are to continue working on pointe and flexibility and take those skills to New

I currently assist in classes, including my little sister's class, so I hope to teach dance

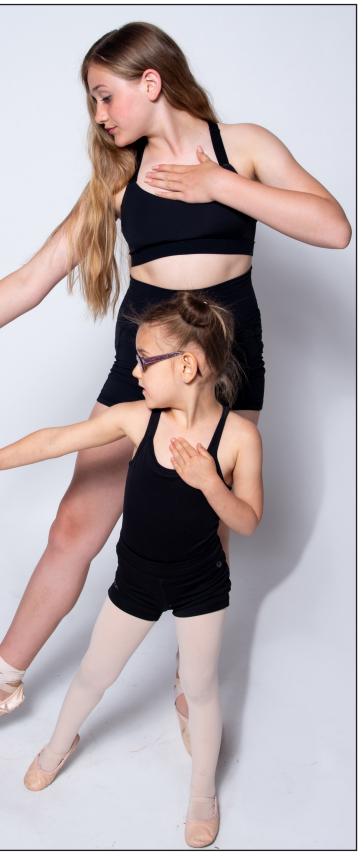


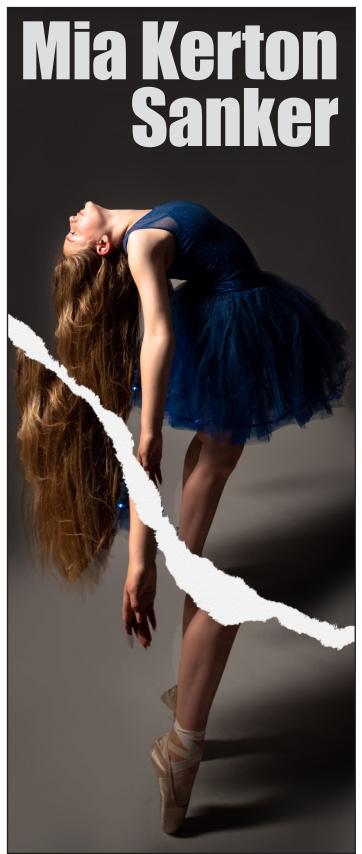


























Mia Kerton Sanker



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